

dolce

a sweet dose of lifestyle

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dolce

This is the handbook for the modern working woman. **dolce** gives you the reasons to enjoy life and to make the choices you desire. Every month, **dolce** takes a peek into your wants and needs. This is the ultimate guide to lifestyle, beauty, shopping, dining, travel, entertainment and all the sweet treats you deserve. **dolce** is for you.

cover

FELICIA CHIN

gets up close & personal

THE WORLD'S
BEST BEACH
RESORTS –
gone au naturel

FERRAGAMO
APPROVED!

*Chef pâtissier Steven Ong
makes sweet symphony
with his pastries*

HOSSAN LEONG
& IVAN HENG:

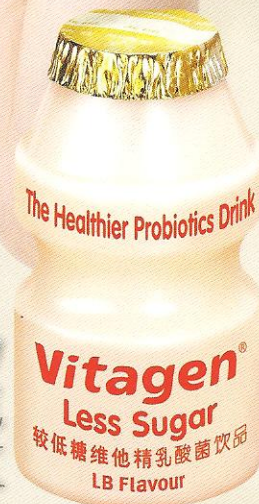
*“All men need to
love and be loved.”*

TAKE
A MEMO

*Ways to thank your admin
guru on Secretary Day*

MILK
MARVEL

MAKING A HEALTHIER CHOICE
WITH CULTURED MILK



Hollywood's

cult brand at **ATRIA**
Cosmelan by Mesoestetic



Benefits

- Very efficient in all types of melasma
- Rapid and easy depigmentation action
- Compatible with ALL skin types
- Asians, Dark skin and Caucasians
- Light peeling effect / Rejuvenation and luminosity of the skin
- Very effective for ACNE patients
- NO Hydroquinone
- NO TCA
- Safe and Effective results

Cosmelan Treatment

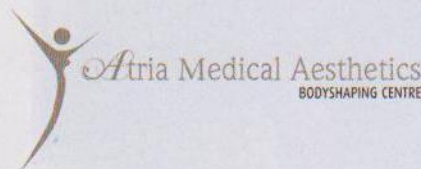
Available at Atria Medical Aesthetics & VASER BodySculpting Centre,
 Wisma Atria Unit #11-04
 Tel: 6836 2168

Atria Medical uses Cosmelan from Mesoestetic to effectively treat Acne, Age spots, Melasma, Pigmentation and assist in whitening of skin where it is used.

Cosmelan mask 1 is applied in our clinic and left on the skin for 6-8 hours. Followed by the homecare kit. In most cases, the disappearance of the blemishes improves tremendously.

ONE WEEK after starting the Cosmelan® Depigmentation treatment, a noticeable significant improvement of the skin is observed! The reduction of the treated blemish is detected and the appearance of new luminous and rejuvenated skin is present. At the end of the homecare treatment, the blemishes start to disappear altogether.

Dr Lee offers in synergy with Cosmelan our innovative machine treatment using the 3D Skin Rejuvenation™ from Cutera. This machine treatment extends excellent results for those who need to address deep wrinkles or lax sagging skin on their face, neck and other body parts such as the hands, arms and abdomen.



Exclusive Agent for Cosmelan

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Login for full Cosmelan video at <http://youtube.com/watch?v=cmArbL-bcR8>

HOLLYWOOD

RED CARPET CELEB SECRETS!

Cosmelan at **ATRIA MEDICAL AESTHETICS**



People Magazine constantly raves about Hollywood's Madonna, Jennifer Aniston, Kylie Minogue and International models using Cosmelan by mesoesthetics for that flawless, smooth skin. Cosmelan was voted top favourite brand by the Oscars in 2008! Sue, a 34-year-old manager, decided to try out the 30-day expedition using Cosmelan to achieve a more beautiful skin. **We find out about Sue's journey.**

What made you decide to try Cosmelan?

I was very excited that Dr Lee MH offered this 'Red Carpet' treatment, I booked my appointment the next day. As the saying goes, "If you can't beat them, join them." That's exactly what I did at Atria Medical Aesthetics.

During your consultation, what were the concerns you brought up to Dr Lee?

My concerns improving my skin were treating my darkened freckles and pigments, refining my open pores on my nose and inner cheeks, getting rid of oil clogs, giving a fresh look to my tired skin and erasing dehydrated fine lines on my skin due to constant sunbathing weekends. Dr Lee explained the whole clinic procedure and use of the homecare kit which consisted of Cosmelan 2 maintenance cream, hydra K moisturiser and the sunblock made specially for this treatment. I had to use these religiously to achieve promising results of at least 70% overall improvement of my skin. That was when I was sold!!!

Your skin looks amazing now! You have kept a journal of your skin's progress throughout this 30-day period. Give us a rundown of the process and results.

Day 1 - I arrived 10am at Atria clinic and washed my face thoroughly. Dr Lee prepped my skin first using Degreasing lotion. This lotion contains mainly acetone to remove any excess oil on the skin for the Cosmelan mask to work better afterwards. Then he applied the Cosmelan mask all over my face avoiding the corners of my eyes and lips. **Surprisingly, the mask didn't sting or tingle at all. In fact, a cooling comfortable sensation was all I felt.** I left the clinic shortly still with the skin color mask on, went home and kept it on my face for 8 hours as advised by Dr Lee. I rinsed off in the evening and my skin already felt softer, looked clear and felt fresher. I applied hydra K cream after, as instructed.

Before



Day 1
Cosmelan Mask applied at Atria



Day 2



Day 10



Day 20



Day 30

Day 2 - Waking up all excited the next day to really kick start the homecare products. I looked like I just came back from the Caribbean, basking all day in the sun. I had a sun flushed look to my face, skin felt a little tight and I used the hydra K cream every few hours to comfort my face.

Day 3 - Redness is completely gone (amazingly!), skin feels really tight and I notice some slight flaking beginning. The use of Cosmelan 2 followed by **Hydra K moisturiser** twice a day will be my skin care for the next 30 days. **Sunblock is always to be used during the day.**

Day 4 to 9 - Flaking becomes quite excessive. **What I found very unique, was the total absence of discomfort or tenderness on my face during the flaking stage**, which I had experienced with other kinds of peels.

Day 10 - Skin starts to look radiant and the oil clots that I had have completely cleared. Very impressed by now and can't wait to see further improvement.

Day 20 - Pretty happy with the lightening effect of my freckles and pigments. My complexion feels smoother, looks brighter and has a luminous glow. Products do NOT contain any Hydroquinone.

Day 30 - I give Cosmelan 8.5 over 10! As promised, a 70% improvement of my skin delivered after 1 month!

Sue

Sue Yeo, 34
Manager